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#### Creating an Individualized Positive Reinforcement Menu

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## Creating an Individualized Positive Reinforcement Menu!

Presented by: Lisa Quick, Ph.D. & Kirnel Daniel, M.A Coweta County Public Schools

## This session will include

- Positive Reinforcement one size does not fit all
- Identifying what motivates behavior
- Oreating an individualized menu of support
- Marketing the plan
- O As many ideas as time will allow

## An example

 <u>http://www.firstpost.com/topic/issue/applied-</u> behavior-analysis-positive-reinforcement-thebig-bang-theory-video-JA96Fba-WHk-86423-<u>1.html</u>



Helping the custodian rub heel marks off the floor.

Winning a coffee mug.

O Pouring a bucket of ice water over your head.

Performing on Jimmy Kimmel live.

## Aim of positive reinforcement

To increases the future rate or likelihood of the response occurring

# To increase a behavior you need to know

✓ Is the individual capable of the behavior?

O What would they find reinforcing?

### Individualize

So how can you find out what motivates the behavior and what kind of experiences are reinforcing to that individual.

### What is the Forced-Choice Reinforcement Survey

#### O PBIS WORLD:

<u>http://www.pbisworld.com/tier-3/forced-choice-reinforcement-survey/</u>

http://www.pbisworld.com/tier-2/reward system/

## What Do You Get?

Five Motivators:
Adult Approval
Competitive Approval
Peer Approval
Independent Rewards
Consumable Rewards

## **Adult Approval**

#### O Examples:

Overbal Praise for Positive Behavior(s)

- O Great job following directions!
- O Thank you for sitting quietly and working!
- O Non-verbal Recognition of Positive Behavior(s)
  - Writing 100, Perfect, or placing a sticker on an assignment.

## **Competitive Approval**

#### O Examples:

Any form of individual attention:

- First to finish an assignment.
- Only one to get to do a task or activity.
- Display of student's work to the class or in the hallway.

## Peer Approval

#### O Examples:

- O Group Activities
  - O Working with a classmate that he/she likes.
  - Sitting with friends at lunch.
- ✓ Leadership Rolls
  - Handing out papers.
  - Leading the line.
  - Running office errands.

## **Independent Rewards**

#### O Examples:

- O Time alone
  - Freedom to choose a desired activity or reward.
  - Going to a quiet place to read.
  - Selecting a desired activity to complete in isolation or separate form the class.

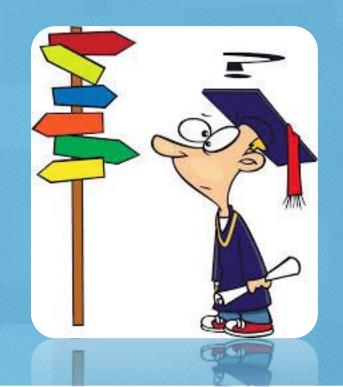
### **Consumable Rewards**

#### O Examples:

- Ø Food
  - Snacks (i.e., fruit snacks, mini candy bars, gum etc.)
  - Parties (i.e., pizza party, popcorn parties, etc.)
- O Tangible Objects
  - School Supplies (i.e., pencils, note pads, erasers, etc.)
  - Toys/Games (i.e., stuffed animals, action figures, etc.)



### What Next?



## List of Reinforcers



## **Jackpot-The Menu**

O Jackpot-Interventioncentral.org:

http://www.interventioncentral.org/teac
 her-resources/student-rewards-finder

## Lets Make An Example



## Steps to Creating a Customized Motivation Checklist

- Step 1: Complete Forced-Choice Reinforcement Survey with student.
- Step 2: Select reinforcement(s) (from attached list) and/or create options with student and teacher(s).
- Step 3: Input reinforcers into Jackpot and print off forms.
- Progress monitor (if applicable).



## **Questions?**



## Time between behavior and reinforcement?

- Developmental level
- Severity of behavior
- O Secondary reinforcers
- Long enough to keep the eye on the prize



# What makes reinforcers exciting?

- O When it is novel
- O When there is a limited quantity
- O When uncertainty is involved
- O When it is anticipated
- O Social element

The Surprise

You know your getting something, but what?

## Pill Box with Visual Schedule







## Spinner

- O Social aspect
- O Novelty
- Limited quantity
- O Anticipated
- Uncertainty involved

## What else fits this model?

Ø Fish bowl

O Dice

Secret envelope or choose an envelope

Shuffled deck of reinforcers

Chance of a Reinforcer

Secondary Reinforcers

## Lottery

Something for everybody

### Lottery Social Novel Limited Quantity Anticipation Uncertainty



## **Russian dolls**



## A shot at a shot



## Other Earn-a-Chance Models

- Mystery motivators
- O Treasure hunt
- O Game move that might result in success
- Shell game

## What is behind door #1?



## Gaming: ratio or interval

• Why reinvent the wheel?

#### Games

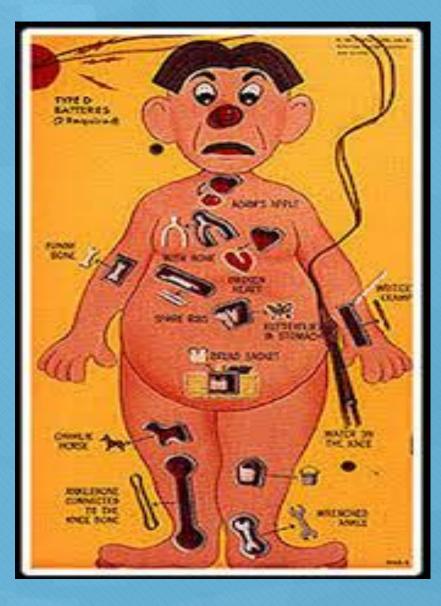
That have an element of risk in them. What are some ideas?



## Go back to childhood

#### For some help.

#### Why?





## Working for Marshmallows



# Part-to-whole, not necessarily social

 Secondary reinforcers help build some stamina to the primary reinforcers.

## A token of appreciation



#### Working to add features





## Working for Lego Pieces



#### Paper Chain

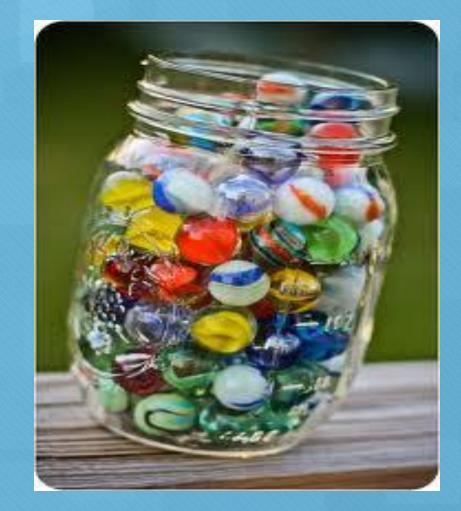
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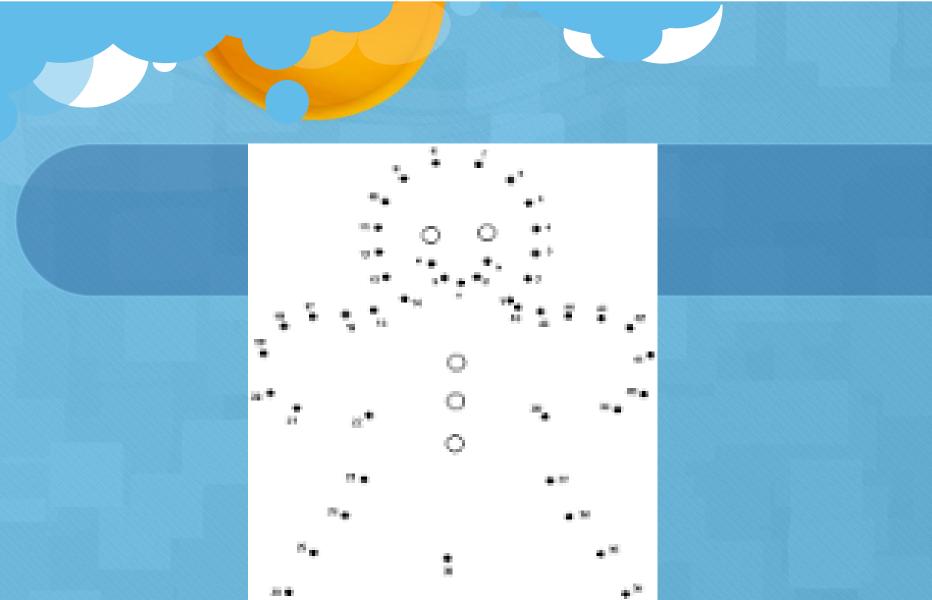


#### Variable schedule

Adjusting to the student's level of need.
Example: token economy with inflation

#### Why I like it Auditory Reminder Visual Reminder Not disruptive Vary size

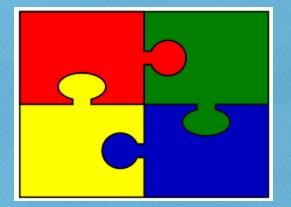




## **Playing Horse**



#### Why I like it Picture Word or words What is won Interest in completing



Adjust pieces as appropriate

